

The Fifth Sunday after the Epiphany  
February 4, 2018      10:30 am Worship  
The Holy Eucharist, Rite Two

*Welcome to*  
**St. Andrew's**  
**Episcopal Church**  
STILLWATER, OKLAHOMA



# About This Worship Service

Worship in the Episcopal Church is liturgical in nature; that is, we used a fixed “script” to guide us through a worship experience in which all are participants.

Although you may be new to a liturgical form of worship, much of the liturgy we use is ancient, some parts dating back to the first centuries following the life and ministry of Jesus; other parts, such as the Lord’s Prayer and parts of the Prayer of Consecration are original to Jesus himself.

This worship booklet contains everything you need to participate fully in this worship service, including suggestions for when it would be appropriate to stand, sit, or kneel; when it would be appropriate to “cross” oneself, etc. However, these are only suggestions and we don’t want you to do anything you’re uncomfortable doing or incapable of doing. Additionally, the responses which the congregation makes are shown in bold text.

Brief introductions to the Bible readings can be found on the last page.

If you have any questions about anything you see going on, please don’t hesitate to ask anyone sitting near you. Or, you can call the church office at (405) 372-3357. You can also call or text Fr. Jim Cook at (405) 780-5316. Or, you can visit our website:

Childcare is provided from 9:15 AM through to the end of the 10:30 AM worship. You may ask an usher or greeter for directions to the nursery.

Bathrooms are available in both the Parish Hall and the Admin/Ed Building. You may ask an usher or greeter for directions.

Make no mistake, we're glad you've joined us for worship! While you're waiting for the service to begin, please take a moment to silence your cell phones and other electronic devices. Thanks!

---

## The Holy Eucharist, Rite Two

### Organ Prelude

Partita on "Songs of Thankfulness and Praise"  
– Johann Pachelbel

*The Congregation may stand.*

### Hymn 135

Songs of thankfulness and praise,  
Jesus, Lord, to thee we raise,  
manifested by the star  
to the sages from afar;  
branch of royal David's stem  
in thy birth at Bethlehem;

anthems be to thee addressed,  
God in man made manifest.

Manifest at Jordan's stream,  
Prophet, Priest, and King supreme;  
and at Cana, wedding-guest,  
in thy Godhead manifest;  
manifest in power divine,  
changing water into wine;  
anthems be to thee addressed,  
God in man made manifest.

Manifest in making whole  
palsied limbs and fainting soul;  
manifest in valiant fight,  
quelling all the devil's might;  
manifest in gracious will,  
ever bringing good from ill;  
anthems be to thee addressed,  
God in man made manifest.

Manifest on mountain height,  
shining in resplendent light,  
where disciples filled with awe  
thy transfigured glory saw.  
When from there thou leddest them  
steadfast to Jerusalem,  
cross and Easter Day attest  
God in man made manifest.

Opening Acclamation BCP 355

**+** Blessed be God: Father, Son, and Holy Spirit.  
**And blessed be his kingdom, now and  
for ever. Amen.**

## Collect for Purity

**A**lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### “Glory to God”

*See the white card in the pew rack for the music.*

*Priest* Glory to God in the highest,

*People* **and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, ✚ in the glory of God the Father. Amen.**

# Collect of the Day

The Lord be with you.

**And also with you.**

Let us pray.

*The Congregation may kneel.*

**S**et us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*The Congregation may be seated.*

## Readings from Holy Scripture

ISAIAH 40: 21-31

A reading from the book of the prophet Isaiah.

**H**ave you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth,

when he blows upon them, and they wither, and the tempest carries them off like stubble.

To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, “My way is hidden from the Lord, and my right is disregarded by my God”? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The Word of the Lord.

**Thanks be to God.**

PSALM 147: 1-12, 21c



1. Hallelujah!

How good it is to sing praises to our | **God!**  
how pleasant it is to honor him with | **praise!**

2. The Lord rebuilds Je- | **rusalem;**  
he gathers the exiles of | **Israel.**

3. He heals the broken- | **hearted**  
and binds up their | **wounds**.
4. He counts the number of the | **stars**  
and calls them all by their | **names**.
5. Great is our Lord and mighty in | **power**;  
there is no limit to his | **wisdom**.
6. The Lord lifts up the | **lowly**,  
but casts the wicked to the | **ground**.
7. Sing to the Lord with thanks- | **giving**;  
make music to our God upon the | **harp**.
8. He covers the heavens with | **clouds**  
and prepares rain for the | **earth**;
9. He makes grass to grow upon the | **mountains**  
and green plants to serve man- | **kind**.
10. He provides food for flocks and | **herds**  
and for the young ravens when they | **cry**.
11. He is not impressed by the might of a | **horse**;  
he has no pleasure in the strength of a | **man**;
12. But the Lord has pleasure  
in those who | **fear him**,  
in those who await his gracious favor.  
Halle- | **lujah!**

### 1 CORINTHIANS 9: 16-23

A reading from St. Paul's first letter to the Christians in Corinth.

**I**f I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I

do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

The word of the Lord.

**Thanks be to God.**

*The Congregation may stand.*

### Hymn 679

*Stanza 1 before the Gospel;  
stanza 2 afterwards.*

Surely it is God who saves me;  
trusting him, I shall not fear.  
For the Lord defends and shields me  
and his saving help is near.  
So rejoice as you draw water

from salvation's living spring;  
in the day of your deliverance  
thank the Lord, his mercies sing.

Make his deeds known to the peoples;  
tell out his exalted Name.

Praise the Lord, who has done great things;  
all his works his might proclaim.

Zion, lift your voice in singing;  
for with you has come to dwell,  
in your very midst, the great and  
Holy One of Israel.

### MARK 1: 29-39

The Holy Gospel of Our Lord Jesus Christ  
according to Mark.

**Glory to you, Lord Christ.**

✝ After Jesus and his disciples left the  
synagogue, they entered the house of Simon  
and Andrew, with James and John. Now Simon's  
mother-in-law was in bed with a fever, and they  
told him about her at once. He came and took her  
by the hand and lifted her up. Then the fever left  
her, and she began to serve them.

That evening, at sundown, they brought to  
him all who were sick or possessed with demons.  
And the whole city was gathered around the door.  
And he cured many who were sick with various  
diseases, and cast out many demons; and he  
would not permit the demons to speak, because  
they knew him. In the morning, while it was still  
very dark, he got up and went out to a deserted  
place, and there he prayed. And Simon and his

companions hunted for him. When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## The Sermon

*Once the Minister has entered the Pulpit and invoked the Holy Trinity, the Congregation may be seated.*

*Following the sermon, a few moments of silent reflection are observed. Afterwards, the Congregation may stand.*

## The Nicene Creed

BCP 358

Let us reaffirm our faith.

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.**

**Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**      **BCP 388**

***Intercessor:*** The Prayers of the People are taken from Form 4, which is found on page 388 of the Book of the Common Prayer.

***The Congregation may kneel.***

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy  
**Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. *Silence*

Lord, in your mercy  
**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy  
**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. *Silence*

Lord, in your mercy  
**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. *Silence*

Lord, in your mercy  
**Hear our prayer.**

We commend to your mercy all who have ✝ died, that your will for them may be fulfilled; and we

pray that we may share with blessed Andrew and all your saints in your eternal kingdom. *Silence*

Lord, in your mercy

**Hear our prayer.**

Let us pray for our own needs, and those of others.

We pray for those in need of healing, especially [*Names*], and any others we might name in our hearts or aloud.

We pray for those with other cares and concerns, especially [*Names*], and any others we might name in our hearts or aloud.

We pray for those who have ✝ died, especially [*Names*], and any others we might name in our hearts or aloud.

We pray for those serving in the Armed Forces, especially [*Names*], and any others we might name in our hearts or aloud.

We pray for those who travel, especially [*Names*], and any others we might name in our hearts or aloud.

In the Diocesan Cycle of Prayer, we pray for:  
St. Christopher's Church, Midwest City.

In the Anglican Cycle of Prayer, we pray for:  
The Anglican Church of Burundi, The Most Revd Martin Nyaboho, Archbishop of Burundi & Bishop of Makamba.

And we give thanks for the many blessings of this life:

We join in thanksgiving with [Names], and any others we might name in our hearts or aloud.

And in thanksgiving for [Names], and any others we might name in our hearts or aloud.

We pray for those celebrating a birthday or wedding anniversary this week and invite them to come forward for a special prayer.

*The birthday tradition at St. Andrew's is that when you come forward for your prayer, if you wish, you may place in the birthday cross an amount of money in coins equal to your age. The funds contributed are added to the clergy discretionary funds which are used to provide assistance to those in need.*

*The Celebrant concludes with the following collect.*

**A**lmighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

## Confession of Sin

BCP 360

Let us confess our sins against God and our neighbor.

**M**ost merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Minister stands and says*

**A**lmighty God have mercy on you, ✚ forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*The Congregation may stand.*

## The Peace

The peace of the Lord be always with you.  
**And also with you.**

*The members of the Congregation may greet one another in the name of the Lord.*

## Greetings & Announcements

## The Offertory

**A**scribe to the Lord the honor due his name;  
bring offerings and come into his courts.

# Offertory Anthem

Jubilate Deo  
– John Ireland

O be joyful in the Lord, all ye lands.  
Serve the Lord with gladness,  
And come before His presence with a song,  
Be ye sure that the Lord He is God:  
It is He that hath made us,  
And not we ourselves.  
We are His people and the sheep of His pasture.  
O go your way into His gates with thanksgiving,  
And into His courts with praise;  
Be thankful unto Him,  
And speak good of His Name.  
For the Lord is gracious,  
His mercy is everlasting;  
And His truth endureth from generation to  
generation.

– Psalm 100

*The Congregation may stand.*

## Presentation of Our Alms

**Praise God from whom all blessings flow;  
Praise Him all creatures here below;  
Alleluia, alleluia!  
Praise Him above, ye heavenly host;  
Praise Father, Son, and Holy Ghost.  
O praise him, O praise him,  
Alleluia, alleluia, alleluia!**

The Great Thanksgiving    BCP 361  
*Eucharistic Prayer A*

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Proper Preface of the Epiphany*      Because you gave Jesus Christ, your only Son, to be born for us; who, by the mighty power of the Holy Spirit, was made perfect Man of the flesh of the Virgin Mary his mother; so that we might be delivered from the bondage of sin, and receive power to become your children.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

“Holy, Holy, Holy Lord”

*See the white card in the pew rack for the music.*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of you glory;**

**Hosanna in the highest.  
✚ Blessed is he who comes in  
the name of the Lord.  
Hosanna in the highest.**

*The Congregation may kneel.*

**H**oly and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. 🚩

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” 🚩 🚩 🚩

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” 🚩 🚩 🚩

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us ✝ also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

**A**ll this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN!** 🇺🇸

The Lord's Prayer

BCP 364

And now, as our Savior Christ has taught us, we are bold to say,

**O**ur Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And Forgive us our trespasses, as we forgive those who trespass against us. And lead us

**not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Breaking of the Bread  
& Lamb of God**

*See the white card in the pew rack for the music.*

*Priest* Alleluia. Christ our Passover  
is sacrificed for us;

*People* **Therefore let us keep the feast.  
Alleluia.**

*Priest* Lamb of God,

*People* **you take away the sins of the world;  
have mercy on us.**

**Lamb of God,  
you take away the sins of the  
world; have mercy on us.**

**Lamb of God,  
you take away the sins of the  
world; Grant us peace.**

**The Invitation to Communion**

**T**he Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

# The Communion of the People

*All persons who seek God are invited to receive Holy Communion.*

*To receive the Bread, extend your palms, one crossed over the other, upwards towards the Minister, and a wafer will be placed into your hands. Gluten-free wafers are available; make your request known to the Minister administering the Bread.*

*To receive the Wine, please assist in guiding the cup to your lips. Alternately, you may dip the wafer in the wine and place it in your mouth.*

*If you wish to receive only a Blessing, cross your arms over your chest while kneeling or standing at the altar rail.*

*If mobility-issues prevent you from coming to the Altar, Communion can be brought to you. Please alert the Greeter to your situation.*

*Finally, it would be helpful if you blotted your lips of any lip balm or lipstick, as it leaves an oily and/or waxy residue on the linens that can be difficult to remove.*

## Communion Anthem

“Lord God, Be Gracious”  
– Johann Reutter

Lord God, be gracious, grant us your blessing;

Show us your mercy, that your ways be known  
upon the earth,  
O Lord, your saving pow'r among all nations.  
God has blessed us, our God has favored us.  
Let all the nations sing for joy and praise you, O  
Lord.

– Psalm 67: 1-2, 7

## Hymn 683

O for a closer walk with God,  
a calm and heavenly frame,  
a light to shine upon the road  
that leads me to the Lamb!

Where is the blessedness I knew  
when first I saw the Lord?  
Where is the soul-refreshing view  
of Jesus and his word?

Return, O holy Dove, return,  
sweet messenger of rest;  
I hate the sins that made thee mourn,  
and drove thee from my breast.

The dearest idol I have known,  
whate'er that idol be,  
help me to tear it from thy throne,  
and worship only thee.

So shall my walk be close with God,  
calm and serene my frame;  
so purer light shall mark the road  
that leads me to the Lamb.

# Sending our the Lay Eucharistic Visitors

**I**n the Name of God, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's Body and Blood; for though we are many, we share one Bread and one Cup. Amen.

Prayer of Thanksgiving BCP 365

Let us pray.

*The Congregation may kneel.*

**E**ternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## The Blessing

**T**he peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, ✚ the Father, the Son, and the Holy Spirit, be among you this day, and remain with you always. **Amen.**

## Hymn 411

O bless the Lord, my soul!  
His grace to thee proclaim!  
And all that is within me join  
to bless his holy Name!

O bless the Lord, my soul!  
His mercies bear in mind!  
Forget not all his benefits!  
The Lord to thee is kind.

He will not always chide;  
he will with patience wait;  
his wrath is ever slow to rise  
and ready to abate.

He pardons all thy sins,  
prolongs thy feeble breath;  
he healeth thine infirmities  
and ransoms thee from death.

He clothes thee with his love,  
upholds thee with his truth;  
and like the eagle he renews  
the vigor of thy youth.

Then bless his holy Name,  
whose grace hath made thee whole,  
whose loving-kindness crowns thy days:  
O bless the Lord, my soul!

# The Dismissal

**G**rant, O Lord God, that what we have heard with our ears, and said and sung with our lips, we may believe in our hearts, and practice in our lives; for Jesus Christ's sake. **Amen.**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

## Organ Postlude

The Rejoicing  
– Charles Callahan

---

## Introductions to the Bible Readings

### **Isaiah 40: 21-31**

In our Hebrew Bible lesson the prophet Isaiah summons the people to renew their trust and confidence in God. God alone is sovereign, the Lord of all that exists, the creator of the earth and its creatures and the fount of understanding. Those who turn to the Lord will find their strength replenished; they will not be disappointed.

### **Psalms 147: 1-11, 20C**

A hymn of praise to the Lord, who rules over nature in wisdom and has shown faithfulness to Israel.

### **1 Corinthians 9: 16-23**

In this reading we learn how Paul seeks to become all things to all people in order that he may freely

and without hindrance share the gospel with them. He takes no special pride in his preaching of the gospel because that is his commission from the Lord. In order not to create unnecessary difficulties, he is willing to live under the law among Jews and outside the law among Gentiles. Some may misunderstand and think him unprincipled, but Paul's only concern is with the essentials of the gospel.

### **Mark 1: 29-39**

Our gospel tells of healing events which took place toward the beginning of Jesus' ministry. Peter's mother-in-law is cured of fever. Many flock to Jesus. He heals them and casts out the demons who recognize him for who he is. A brief retreat ends because of the pressing need to continue his mission. The power of the kingdom of God is made manifest through his words and deeds.